



## **Project «Commitment For A New Life»**

### **Summary of final report July 2010 – June 2012**

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## Summary of the final report "Commitment for a new life"

WayBack Trondheim doing aftercare for people who have been in prison and usually have big drug problems. The housing project has focused on offering this audience a suitable residence after completion of sentence.

Focus around staying project has been the ability to stay in the home, the ability to maintain orderly environment, cleaning of rooms and common areas, the order of creation in terms of clothing and other belongings, and accepting the other residents. It was not allowed to use drugs or alcohol at the Wayback property.

The project was that most would make use of this offer and the project was granted a deviation from the Rent Act in relation to the stay time. These contracts basically had a maximum length of 6 months, but was extended to 12 months during the project.

20 people have during the project period lived in the house with the longest time 12 months and the shortest time 6 days. Coinciding with the project was also due to the Wayback idea to keep these people abstinent and without criminal activity. Only 2 of 20 had relapsed during the project period. (relapse: New indictment and judgment).

10 of 20 lives in private rented housing or cohabitation.  
3 people still live at the house  
5 people are homeless.  
2 people currently serving sentence in prison.

The biggest challenge has been keeping these people sober. Under this is also networking with people who do not live in drug environment. Everyone who lived in the project were required to have work, school or to help in the house during the day to get content in the days.

The project was also some volunteers attending day or afternoon to help promote social enjoyment or take residents out for exercise, walks or runs. They were challenged to create at least one communal meal per. week.

Finally, we wish to point out the importance of being able to have such staying measure for people in this life situation, and the difficulty of conducting such live action without day staffing. There is no guarantee that things will be better with the day crew, but all would be seen several times during the day and would have had a Preventive effect in relation to drugs and alcohol.